


How to Register for Courses

SHOKU-gaku—食学—

受講登録する（無料）



➡ 1. Click this button to register as a member (Free membership)

講座概要

本講座の使用言語およびスライドは英語となります。
字幕のみ日/英でご用意しております。
なお、日本語での募集要項は本ページ後半に掲載しております。

Course Content

“SHOKU-gaku” is a new concept that for the first time, integrates oral science with the existing disciplines of food science and nutrition science.
In 2020, Tohoku University Graduate School of Dentistry, in collaboration with Tohoku University Graduate School of Agricultural Science and Miyagi University School of Food Industrial Sciences, introduced the concept of “SHOKU-gaku”. “SHOKU-gaku” is a new Japanese word that combines “Shoku” and “gaku”. “Gaku” is a Japanese word meaning “field of study or discipline”, so “SHOKU-gaku” indicates the discipline of “Shoku”.
The goal of “SHOKU-gaku” is simple yet profound. It aims to realize lifelong health and wellbeing through correct eating and right food.
In this lecture, we will introduce the basic concepts, our practices, and the future of this “SHOKU-gaku”.

Week1 : Food and Oral Function 1

The first week covers the basics of oral morphology and function. Specifically, students will learn about mastication, swallowing, and taste as oral functions, as well as oral morphology. The relationships between taste, mastication, and brain function will also be explained.



※受講登録するとお客様の利用者情報は講座提供者（講師）に共有されます。詳しくは[利用規約](#)と[プライバシーポリシー](#)をご覧ください。

講座番号:ga199

受講開始日:2025年10月15日 15時

想定される勉強時間/週:2,3時間程度

2.Register as a member

You must register as a member to take the course.
Please fill in the blank spaces.*All fields are required.

メールアドレスで登録

*全項目必須入力になります。

メールアドレス
Email address

氏名
Name

ユーザー名
Username

パスワード
Password

性別
Gender

居住地（都道府県）
Residence

職業
Occupation

業種
Industry

職種
Job Type

最終学歴
Highest level of education

主に学習したい分野
The field you want to study

誕生年
Year of Birth

誕生月
Month of Birth

誕生日
Day of Birth

☐ gacco利用規約に同意します。 I agree to the gacco Terms of Use.

☐ gaccoプライバシーポリシーに同意します。 I agree to the gacco Privacy Policy.

Register as a member

各種メール設定（迷惑メール設定・受信拒否設定）等により、弊社からのアカウント有効化URL記載メールがお届けできないケースが発生しております。事前に「no-reply@gacco.org」を受信できるように設定してください。

Due to various email settings (such as spam filters and blocked sender lists), there have been cases where our account activation emails containing the URL have not been delivered. Please ensure you can receive emails from “no-reply@gacco.org” in advance.

① 利用規約 ② プライバシーポリシー ③ サポートサイト

*If you already have an account, simply click the “Register as a member (Free membership)” button to complete your registration.
After that, the course information will appear on your My Page, and you'll be able to watch the videos once the course begins.

メールアドレスで登録

*全項目必須入力になります。

メールアドレス

氏名

ユーザー名

パスワード

性別

居住地（都道府県）

職業

業種

職種

最終学歴

主に学習したい分野

誕生年

誕生月

誕生日

☐ gacco [利用規約](#) に同意します。

☐ gacco [プライバシーポリシー](#) に同意します。

会員登録（無料）する

各種メール設定（迷惑メール設定・受信拒否設定）等により、弊社からのアカウント有効化URL記載メールがお届けできないケースが発生しております。事前に「no-reply@gacco.org」を受信できるように設定してください。

① 利用規約 ② プライバシーポリシー ③ サポートサイト



If you encounter any issues while using gacco, please refer to the [Frequently Asked Questions] section on our support site. It contains answers to questions submitted by our users.

FAQ -English

フォローする

System Operating Environment

Is it possible to take gacco courses from outside of Japan?

How to Create an Account.

I can not complete my registration to gacco. (Web page does not show correctly.)

Please resend me the activation message.

How do I change my password?

I want to change my registered information.

Conditions of use for setting your password.

How do I withdraw my account from "gacco"?

I cannot receive email from gacco.

Changing Your Email Address

System Operating Environment

I cannot log-in.

Movie does not start.

How to Create an Account.

フォローする

1. Click "新規会員登録" located on the upper right hand side of our top page. <http://gacco.org>
2. Fill out the form, and click "gaccoアカウントを作成する".
3. You will receive a message with the subject "gacco会員登録のご案内" to your registered email address.
4. Open the email and click the URL link in the main message to complete your registration.

* Your registration will not be completed nor activated until you click the web link.

* The activation URL link is valid until midnight of the next day you create a new account.

* If the URL expires, please create a new account with a different Username. (You cannot use the same Username.)

If you do not receive the email with subject "gacco会員登録のご案内", please refer to the user manual below.

- [I cannot receive email from gacco.](#)

Guide to taking courses on gacco

Search for courses

- Search from Top Page

You can check courses you are interested in from Recommended Courses of the Month and Ranking.



- Search by Category

You can search for courses by category from the course list page.



- Search by Hashtag

You can search for courses by hashtag from the course list page.



Take a course

○Taking a course on a computer

1. View "マイページ (My Page)"

When you log in to gacco, "マイページ" will appear first.



2. Click on the course name from "マイページ"

Click on the course you wish to learn from the list of courses you have registered for on your "マイページ", and the "お知らせ (Notice)" of the course will appear.



3. Click on "講座 (Courses)" in the menu

Click "講座" to display the learning list of courses.



4. Answer the Pre-Course Survey

On the "Pre-Course Survey" page, answer each question, and finally click "Submit Responses" at the bottom of the page. *Some courses may not have a survey.



5. Check the Schedule

Click "スケジュール (Schedule)" to check the schedule of the lecture.



6. Select a lecture video from the learning list

Click on the Week (chapter) you want to take from the learning list, and select the items you want to take.



7. Watch the lecture videos

When the video appears, click the Play button.



8. Submit assignments and essays

Some lectures have assignments (confirmation tests) and essays to check your understanding.



○Taking a course with a smartphone/tablet

1. View "マイページ (My Page)"

When you log in to gacco, "マイページ" will appear first.



2. Tap on the course name from "マイページ"

Tap on the course you wish to learn from the list of courses you have registered for on your "マイページ", and the "お知らせ (Notice)" of the course will appear.



3. Tap on "講座 (Courses)" in the menu

Tap "講座".



4. Answer the Pre-Course Survey

Answer the "Pre-Course Survey" and tap "Submit Responses" at the bottom of the page.

*Some courses may not have a survey.



5. Tap the green bar to display the learning list

Once you have completed the survey, you will be able to start learning from the learning list.



6. Select a lecture video from the learning list

Tap the week (chapter) you wish to take from the learning list, and select the item you wish to take.



7. Tap the Play button to watch the lecture video

Tap the red button at the bottom of the page to move to the previous or next lecture.



8. Submit assignments and essays

Some lectures have assignments (confirmation tests) and essays to check your understanding.



There are two types of schedules for gacco's Courses.

Regular courses: Just like university lectures, all participants follow a uniform schedule determined for each course.

Variable start date courses: The course schedule is determined according to the start date and time of each participant.

*Please click [here](#) for more information about gacco LIVE, a live broadcasting service.

When taking a variable start date course

gacco offers "Variable Start Date Courses," which allow each participant to start taking courses at his/her own time.

The course schedule (chapter release dates, assignment submission deadlines, etc.) for courses with variable start dates is determined according to the start date of each participant.

The deadline for each assignment is shown on the "講座" page in the study list. Please be sure to check it.

The "Course Start Date" and "Course Close Date" can be found on the "マイページ".

Please note that you will need to issue your own completion certificate before the course closes.

Receive a certificate of completion

○Taking a course on a computer

View the certificate of completion in the Course List on "マイページ".

When the certificate of completion is issued, it will be displayed on "マイページ". Click "修了証をダウンロード (PDF)" (Download Certificate (PDF))" to view the issued PDF file. If you cannot find the course you are looking for, please check here [in Japanese]

(https://support.gacco.org/hc/ja/articles/900001547326-%E4%BF%AE%E4%BA%86%E8%A8%BC%E3%81%AE%E3%83%80%E3%82%A6%E3%83%B3%E3%83%AD%E3%83%BC%E3%83%89%E6%96%B9%E6%B3%95%E3%81%8C%E3%82%8F%E3%81%8B%E3%82%8A%E3%81%BE%E3%81%9B%E3%82%93-%E3%83%91%E3%82%BD%E3%82%B3%E3%83%B3%E3%81%A7%E3%81%94%E5%88%A9%E7%94%A8%E3%81%AE%E6%96%B9)).



Viewing the certificate of completion on the profile page

Open the menu by clicking the ▼ button in the upper right corner of the page and click "プロフィール (Profile)". To make your certificate public, you must set your profile's public settings to "公開 (make public)".



○Taking a course with a smartphone/tablet

View the certificate of completion in the Course List on "マイページ".

When the certificate of completion is issued, it will be displayed on "マイページ". Click "修了証をダウンロード(PDF) (Download Certificate (PDF))" to view the issued PDF file. If you cannot find the course you are looking for, please check here [in Japanese]

(https://support.gacco.org/hc/ja/articles/900001547566-%E4%BF%AE%E4%BA%86%E8%A8%BC%E3%81%AE%E3%83%80%E3%82%A6%E3%83%B3%E3%83%AD%E3%83%BC%E3%83%89%E6%96%B9%E6%B3%95%E3%81%8C%E3%82%8F%E3%81%8B%E3%82%8A%E3%81%BE%E3%81%9B%E3%82%93-%E3%82%B9%E3%83%9E%E3%83%BC%E3%83%88%E3%83%95%E3%82%A9%E3%83%B3%E3%82%84%E3%82%BF%E3%83%96%E3%83%AC%E3%83%83%E3%83%88%E3%81%A7%E3%81%94%E5%88%A9%E7%94%A8%E3%81%AE%E6%96%B9)).



Viewing the certificate of completion on the profile page.

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Participating in gacco LIVE

gacco LIVE is a live webcast class for gacco members only, where you can enjoy lectures in real time.

Register for gacco LIVE lectures

When you register for a gacco LIVE course, you will be redirected to the course notice page, where you will find information about the day of the course, including the URL for participating in the live webcast class.



Participating in gacco LIVE

On the day of the live webcast, you will be able to participate via Zoom webinar from the URL listed on the course notice page (you will be able to join the webinar even in the middle of the webcast).

*Please note that the gacco office cannot provide any support for connecting to Zoom. We apologize for the inconvenience, but we ask that participants prepare their own environment.



Learn the topics you are interested in through LIVE streaming